



CSIO Project Sport Initiative

Academy Team - Project Outline

For the 2022-2023 the Ontario Curling Council will be piloting a new program. The Academy Team Project is a Training Group for individuals, with dedicated coaching, testing, curriculum and competitions management.

Our proposed home location will be the Dundas Valley Golf and Curling Club and will run from May 2022 to April 2023.

Goals The primary goal of this pilot program is to evaluate how coach led team formation can impact player development in the Train to Train / Train to Compete stage of development. The focus will be on DEVELOPMENT of athletes. Another goal of the program is to determine if regional based, coach led and selected teams can be effective for attracting and expanding the number of athletes who play competitively.

Overview

- Program will be lead by Ontario Curling Council's Manager of HP Development (Sean Turriff) and Manager, Programs and Operations (Jennifer Ferris)
- One Head Academy coach will direct a group of Academy coaches. Academy staff will be contracted to work with athletes within the daily training environment and CompetitiveEvents.
 - Academy Team Coaches will be at minimum Competition Development "In-Training." Subject Matter Expert and Guest Coaches may attend the "Academy Sessions."
 - Coaches will all be Safe Sport Trained.
- Athletes will apply to try out for the OCC Academy team. Eligibility as outlined below. Please note that the camp day Saturday April 30 is open to all U18 athletes regardless of whether you wish to try out for the team. Try outs will be held on Sunday May 1 but you must attend Saturday if you intend to attend try outs on Sunday.
- Academy coaches will select the teams based on a performance criteria as determined by the Program Coaches. This criteria will be published once it has been finalized.
- The teams selected will train and compete at the Dundas Valley Golf and Curling Club for the 2022/23 season.

- Athletes will be tested at the beginning of the program (skill-based testing, video testing, physical testing, tactical testing) and again at the end of the program to gauge Gold Medal Profile asset progress.
- Based on testing and observation of Academy Coaches each Academy athlete will have an Individual Athlete Performance Plan. Regular reviews will be conducted between coaches and athletes.
- The program has the goal of assembling one men's team and one women's team (5 athletes on both) but reserve the right to adjust this based on applicants from the camp.
- Qualified IST practitioners will be involved in testing, IAPP, programming and education.
- Academy Athletes will be provided access to all Ontario Curling Council Virtual Education.
- Academy Athletes will be required to attend "Academy" Sessions – including camps, weekly practice/league play and a minimum of one competitive event. Dates / times to be determined.

Program Eligibility - Athletes

- A Try Out camp will be conducted by the Academy staff on April 30/May 1, 2022 at the Dundas Valley Golf and Curling Club. Athletes must attend the development camp to be considered for the Academy team.
- Athletes must be U18 eligible for the 2022/23 season. This means, less than 18 years of age as of June 30, 2023 / born July 1, 2004 or later.
- Athlete selection will be based on criteria developed by Academy staff and the OCC's HP Council
- Athletes must reside within approximately 75 km radius of the Academy's home club. Athletes must be able to commute to regular practices through the week.
- Athletes must have been curling for a minimum of 5 years (Train to Train/Train to Compete)
- Athletes must attend training camps and at least (75%) of other sessions
- Athletes must pay a \$1400 team fee and complete Safe Sport Training.
- Selected athletes must commit to playing with this team in competitive U18 events exclusively for the 2022/23 season. Athletes may play for school teams but the Academy Team will be their competitive U18 team.

Athlete Benefits

- Athletes chosen to the program will be funded. This will include:
 - Membership at the Dundas Valley Golf and Curling Club for the 2022/23 season.
 - Competition entry fees.
 - Equipment subsidies
 - Travel / accommodation subsidies
 - Uniforms
 - Coaches services for the season including training / competition support
 - IST support as required throughout the season
- Athletes will be directed with purposeful skill development directed by certified coaches. An individual performance plan will be developed and a yearly training plan will be developed.

- Skill development and progress will be measured for each athlete.
- Teams will have regular practice sessions throughout the season.

Timeline

- Try out Camp - April 30/May 1, 2022
- Team Invitations sent out by - May 6, 2022
- Team season begins - May 9, 2022

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